

A close-up photograph of a hand with red nail polish turning a white window handle. The background is a blurred view of green foliage through a window. The text '3x' is overlaid in purple.

3x

3x am Tag lüften

A close-up photograph of a hand with red nail polish turning a white window handle. The background is a blurred view of green foliage through a window. The text '1x' is overlaid in purple.

1x

1x am Tag lüften

A modern living room with light blue walls. A large window with a dark frame is open, showing white curtains blowing in the wind. On a white shelf to the left of the window is a vase of red flowers and a stack of books. A wooden window seat is visible below the window. To the right, a white pendant light hangs from the ceiling. In the foreground, a small round table with a vase of dried flowers is visible. The bottom of the image has a purple gradient overlay with white text.

**5–10
Minuten**

**Lüften mit weit
geöffnetem Fenster**

A close-up photograph of a person's hand pulling a white plastic handle on a window frame. The window is tilted outwards, and the background shows a blurred view of green foliage and a building. The lighting is bright, suggesting daytime.

**15–30
Minuten**

**Lüften mit
gekipptem Fenster**



Foto: iStock/in4mal, © Verbraucherzentrale NRW e.V.

Heizung bleibt frei



Foto: iStock/Inzmal, © Verbraucherzentrale NRW e.V.

Möbelstück steht vor der Heizung



Wäsche draußen trocknen



Wäsche auf der Heizung trocknen